PARKINSON'S SYMPTOMS:

The Iceberg Effect

Some symptoms are easy to see. Others are less visible, but equally important

Motor Symptoms

- Involuntary tremors (rhythmic shaking) of limbs
- Slowness of movement (bradykinesia)
- Rigidity or stiffness of the muscles
- Impaired balance and postural instability
- Difficulty initiating movements (akinesia)
- Episodes of "freezing"-inability to move during execution of movement sequence
- Over reactivity of muscles (dyskinesia)

Non-Motor Symptoms

- Anxiety/Depression
- Speech/Swallowing
- Dementia
- Orthostatic hypotension
- Vertigo/dizziness
- Constipation
- Incontinence
- Sexual dysfunction
- Sweating (trouble regulating body temp.)
- Loss of smell
- (REM) Sleep Disorders
- Pain
- Hallucinations/ Delusions
- Fatigue
- Weight Management
- Nausea
- Cognitive impairment
- Vision changes
- Apathy
- Skin changes
- Breathing/Respiratory changes
- Skeletal/Bone Health